

Use of Allotments

Coronavirus Pandemic

- Keep your social distance – at least 2 metres (keep to your own plot)
- Wash your hands regularly – observe strict hygiene with locks, gates, handles etc
- Tending your allotment can count as your daily exercise, permitted under the restrictions announced by the Prime Minister on 23 March 2020.
- Wash hands at the taps – do not wash hands or use detergents in the water tanks.
- Use hand sanitiser if you have it.
- Wash your hands or use hand-sanitiser before opening and closing any gate locks
- Do not share tools
- **Strictly no admittance to un-authorised people for the duration of the coronavirus emergency**
- Any plot-holder who is self-isolating because a household member is ill with any coronavirus-type symptoms should not visit the site.
- Follow the advice from the NHS and the Government – note that this may change at any time and so you need to keep up to date
- If you display any symptoms of coronavirus, stay at home and self-isolate.
- Refer to NHS 111 Online for health advice

Coronavirus – PROTECT YOURSELF, OTHERS AND THE NHS

Ludgvan Parish Council

www.ludgvan.org

24 March 2020